



REACH OUT FOR ASSISTANCE

A starting point at times of
emergency/non-emergency



City of
LAUNCESTON

Housing Connect

Phone (24/7): 1800 800 588

Drop in: 122 Elizabeth St, Launceston.

Emergency accommodation, referral to shelters and applications for social housing.

Launceston City Mission

Phone: 6335 3000

Drop in: 48 Frederick Street, Launceston.

Free and affordable food, in a warm inviting space. Shower facilities and washing machines available from 8am - 1pm.

Vinnies

Monday - Friday
9am - 11am

Free breakfast, shower and laundry services. Supplies provided.

8a Blaydon St, Kings Meadows.

City Drop in Centre

Saturday
6pm - 7pm

Free sit-down, two-course meal from the Red Dove Café.

34 Paterson Street.

Find Help Tas



www.findhelptas.com.au

Online list of local services. Choose your region and select the service you need, whether it's legal support, health services, financial assistance, or help during crisis and emergencies.

Safe Space

Phone: 6335 3099

Drop in: 48 Frederick St, Launceston.

Salvation Army

Phone: 6323 7500

Drop in: 111 Elizabeth Street, Launceston.

Free breakfast and food items available. Access to TV, lounge chairs and phone charging points.

Green Bean Café

Friday
6pm - 8pm

Free evening meal.

Red Dove Café, 34 Paterson Street.

Shekinah House

Tuesday - Friday
10am - 3pm

Showers and Laundry.

Sunday
5:40pm - 6:15pm

Free evening meal.

22 Wellington Street.

Launceston General Hospital

Phone: 6777 6777

274-280 Charles St, Launceston.



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Vinnie's Van

Saturday - Wednesday
6:45pm - 7:15pm

Free evening meal.

Civic Square on Charles St end, Launceston.

Snagchat BBQ

Friday
7:30pm - 9pm

Civic Square Charles St end, Launceston.

Strike It Out Inc.

Free meal and life's basic necessities if in emergency need.

Visit the Facebook page "Strike It Out Inc. Tasmania" for details.

Mission Health

Phone: 6335 3052

99 Wellington St, Launceston.

Mission Health is a FREE drop in nurse-led health service open to anyone in need of health care.

EMERGENCY RELIEF Monday - Friday (Phone for appointments)

Salvation Army
Phone: 6208 1488

Vinnies
Phone: 6326 5551

Benevolent Society
Phone: 6344 4213

Door of Hope
Phone: 6344 8450

Launceston City Mission
Phone: 6335 3000

1800RESPECT

Phone (24/7): 1800 737 732

Free and confidential service for people impacted by sexual assault, domestic or family violence.

ACCOMMODATION
FOOD AND SHOWERS
HEALTH AND HELP

City of LAUNCESTON
Town Hall, 38-39 St John Street
Launceston, Tasmania 7250
Phone: 6331 2000
E-mail: community@launceston.tas.gov.au

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Richmond Futures

Phone: 6228 3344

Monday - Friday, 9am - 5pm

Mental Health Homelessness Outreach Program (MHHOP) is a mental health recovery-focused program supporting Tasmanians who are experiencing or are at risk of homelessness.

Email: referrals@richmond.tas.com.au

Head to Health

Phone: 1800 424 578

62-64 Canning St, Launceston.

Lifeline

Phone (24/7): 13 11 14

Police Tasmania

Emergencies
Phone: 000

Non-urgent
Phone: 131 444



City of LAUNCESTON

ACCOMMODATION

- 1 Housing Connect
- 2 Safe Space

FOOD AND SHOWERS

- 3 Launceston City Mission
- 4 Salvation Army
- 5 Vinnie's Van
- 6 City Drop in Centre
- 7 Green Bean Café
- 8 Snagchat BBQ
- 9 Morton's Place
- 10 Shekinah House
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HEALTH AND HELP

- 12 Police Tasmania
- 13 Launceston General Hospital
- 14 Head to Health
- 15 Centrelink
- 16 Vinnies Hub
- 17 Mission Health

TOILETS 24HR

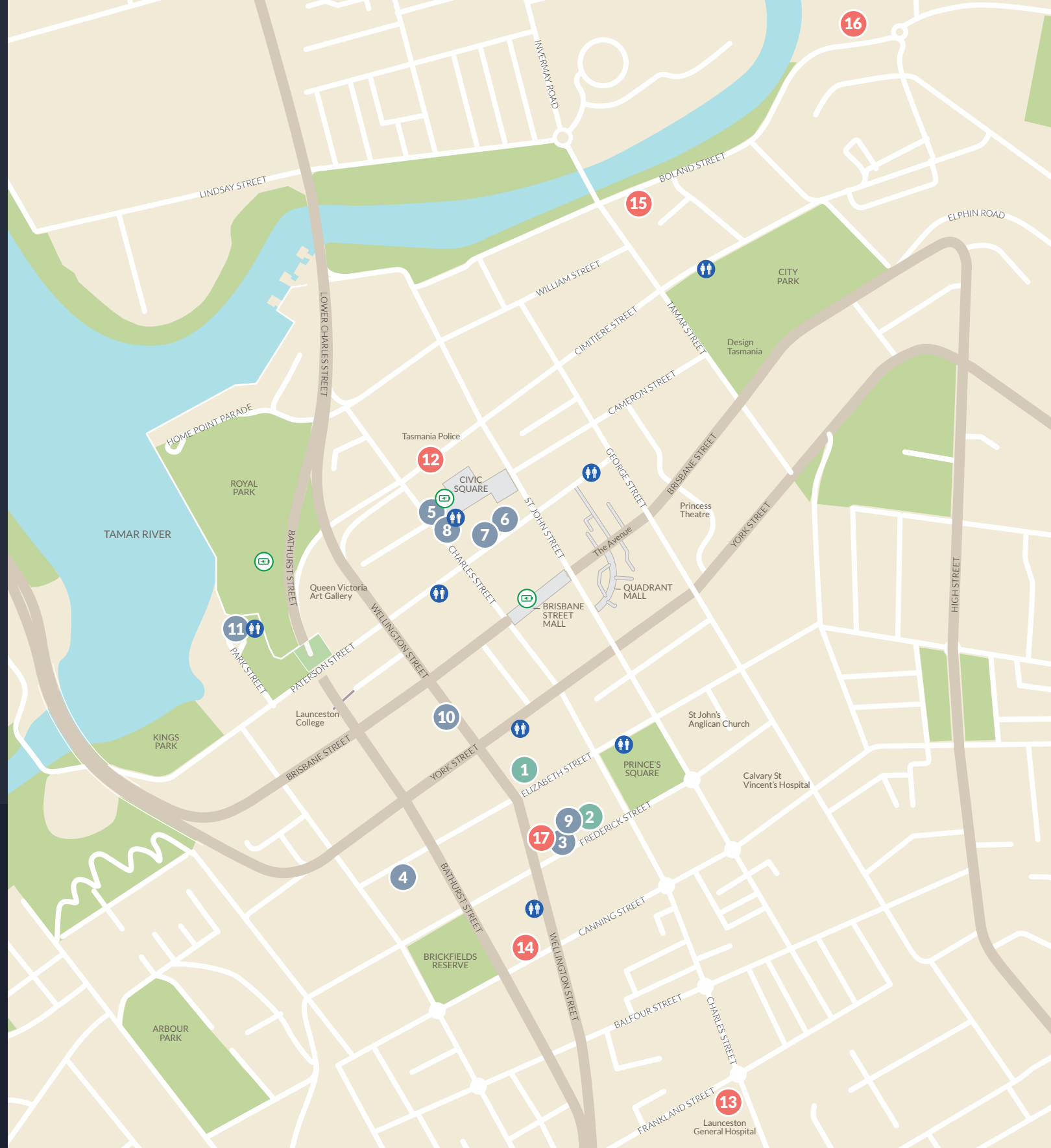
Marked locations on map.

CHARGING STATION

Marked locations on map.

FREE WI-FI

Free Wi-Fi is available in the Launceston central business district, selected parks and other community spaces. Search "Launceston WIFI".





ACCOMMODATION



**FOOD AND
SHOWERS**



HEALTH AND HELP



City of
LAUNCESTON

Town Hall, 18-28 St John Street
Launceston, Tasmania 7250

Phone: 6323 3000

E-mail: contactus@launceston.tas.gov.au

Cover artwork credit: **Rodney Gardner,**
Avenue, [watercolour].